

**Options**



# Vocational Skills

How do you help around the house?

What interests do you have? (clubs/social activities/sports)

Can you tell me a little about these interests?  
How often/with whom/ Why /where is it?

# What I like doing

Let's talk about what you like and don't like?

Do you enjoy sports?



Do you like time alone?



Do you like being in groups?



What do you do outside?



What do you do to relax?



Tell me about the people important to you?



How do you deal with noisy places?



Do you need space if you feel upset?



Notes:

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# School



Tell me about school?



What school work do you enjoy?

# Work

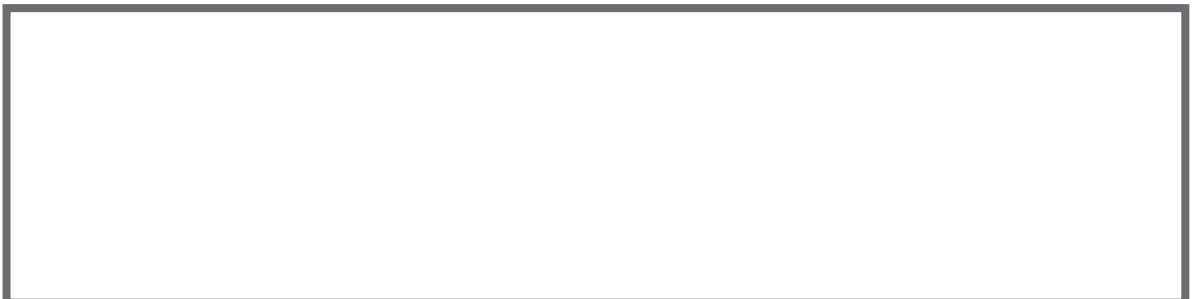
Have you ever worked before? If so, where?

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What parts of the work were you good at?

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What parts of your work did you need help with?

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# Jobs I might Like

## Care Work



Supporting people, the elderly, children, the sick, possibly in hospitals, homes or day care.

### The qualities I will need:

- ★ Patience
- ★ Reliable
- ★ Understanding

### Is this for you?

### Notes

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## Retail Work



Working in retail will mean stocking shelves, cleaning, selling products, using the till etc.

### The qualities I will need:

- ★ Patience
- ★ Confidence
- ★ Good communication skills
- ★ Working well with others

Is this for you?

### Notes

## Production work



This will involve repetitive work, working in a system alongside your peers.

### The qualities I will need:

- ★ Attention to detail
- ★ Working quickly
- ★ Time management
- ★ Good motor skills

Is this for you?

### Notes



## Reception / Admin work



In this work, you will answer the phone, use the computer, meet new people and photocopy.

### The qualities I will need:

- ★ Good at following instruction
- ★ Excellent communication skills
- ★ Good level of understanding
- ★ Good listening skills

### Is this for you?

### Notes

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## Working Outdoors



This will mean working in parks, councils, forests, recycling, waste management and many other jobs it means you will work outside.

### The qualities I will need:

- ★ Good mobility
- ★ Able to adapt to all weathers
- ★ Enjoy working alone
- ★ Strength (Physical and mental)

Is this for you?

### Notes

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## Other Opportunities

There are lots of different jobs and maybe you like some of the ones we have talked about, you might also want to go to college to train towards a type of job, this is called Vocational training or an apprenticeship.

Here are some examples:

Learning how to work with machinery.



I might want to learn how to become a chef.



I might learn how to plater and decorate.



Is this for you?

Notes